

Thank you very much for your inquiry; we are pleased to offer our quotation as below.

23 days Manaslu and Tsum Valley Trek

DAY	PROGRAM	HOTEL	MEAL
Day 01	Arrival to Kathmandu check in hotel	Ramada Encocre	-
Day 02	Drive from Kathmandu to Maccha Khola (900m/6 - 7 hours) by private jeep (08 am from hotel)	Tea house 1	-B,L,D
Day 03	Jagat (1410m/ 6 - 7 hours)	Tea house 2	-B,L,D
Day 04	Lokpa (2,040 m/ 6 - 7 hours)	Tea house 3	-B,L,D
Day 05	Chumling (2360m/4-5 hours)	Tea house 4	-B,L,D
Day 06	Chhokangparo (3010m/5-6 hours)	Tea house 5	-B,L,D
Day 07	Nile (3361m/6 hours) via Milarepa Piren Phu Cave	Tea house 6	-B,L,D
Day 08	Day trip to Mu Gompa (3700m/ 4-5 hours)	Tea house 7	-B,L,D
Day 09	Chhokangparo (3361m/ 3-4 hours)	Tea house 8	-B,L,D
Day 10	Chumling (2,386m/ 5-6 hours)	Tea house 9	-B,L,D
Day 11	Deng (1860m/ 6-7 hours)	Tea house 10	-B,L,D
Day 12	Namrung (2,900m/ 6-7 hours)	Tea house 11	-B,L,D
Day 13	Lho (3180m/5-6 hours)	Tea house 12	-B,L,D
Day 14	Samagaon (3580m/4-5 hours)	Tea house 13	-B,L,D
Day 15	Day trip to Manaslu Base Camp (4400m/7 hours)	Tea house 14	-B,L,D
Day 16	Samdo (3875m/3-4 hours)	Tea house 15	-B,L,D
Day 17	Climb Samdo Ri or take a day trip to Tibet border (3875m/8 hours)	Tea house 16	-B,L,D
Day 18	Dharamsala (4460m/4-5 hours)	Tea house 17	-B,L,D
Day 19	Bimtang (via Larke Pass 5160m) (3590m/10 hours)	Tea house 18	-B,L,D
Day 20	Tilije (2,300/ 7-8 hours)	Tea house 19	-B,L,D
Day 21	Dharapani (1963m/7 hours) and take a jeep to Besisaha	Tea house 20	-B,L,D

Day 22	Kathmandu by private jeep (7-8 hours)	Ramada Encore	-B
Day 23	Final departure	-	-B

Note: B= breakfast L= Lunch D= Dinner

Trips and porters *the tips dependent on your impress to guide and porter services*

Position	3-5 Trekking days	6-9 Trekking days	10-15 Trekking days	16-20 Trekking days
Guide	120\$/Trip	150\$/Trip	180\$/Trip	200\$/trip
Porter	100\$/Trip/porter	120\$/Trip/porter	150\$/Trip/porter	180\$/Trip/porter

COST INCLUDE

- Two nights' hotel in Kathmandu with breakfast
- Teahouse/Lodge accommodation during trek (no bathroom attached)
- Meals during trek
- Private jeep from Kathmandu-Sotikhola
- Private Jeep from Dharapani-Besisaha - Kathmandu
- Airport pickup and drops in private vehicle
- 1 guide and 2 porters to carry luggage (2 trekkers:1 porter) including their salary, insurance, equipment, food and lodging
- All necessary paper work and permits (ACAP permit, MCAP permit and Restricted Area, Tsum valley Permit)
- Nepal duffer bag (return after finish the trip)
- Nepal visa 30 days
- Medicine (carry by guide)
- All government and local taxes

COST DOESN'T INCLUDE

- ✘ Drinking water during trek and beverage such as tea, coffee, coke, Pepsi, liquor etc.
- ✘ International airfare to and from Kathmandu
- ✘ Expenses of charge batteries and hot water for shower on the mountain
- ✘ Extra night accommodation in Kathmandu in case of early arrival, late departure, and early return from the mountain (due to any reason) than the scheduled itinerary
- ✘ Travel and rescue insurance
- ✘ Tips for guide(s), porter(s) and driver(s)
- ✘ Personal expenses (phone calls, laundry, bar bills, battery recharge, extra porters, bottle or boiled water, shower etc.)

Important Note:

Your safety is of paramount concern while traveling with THAI NEPAL TRAVELS AND TREKS. Please note that your leader has the authority to amend or cancel any part of the itinerary if it is deemed necessary due to safety concerns. Every effort will be made to keep to the above itinerary; however, since this adventure entails travelling in remote mountainous regions, we cannot guarantee that we will not deviate from it. Weather conditions, health condition of a group member, unexpected natural disasters, etc., can all contribute to changes in the itinerary. The leader will try to ensure that the trip runs according to plan, but please be prepared to be flexible if required.

For the person who cannot continue trek until the end of trekking in case of any reason he/she please notes that there will be no refund. If the cancellation happens before the trip, we will provide you accommodation in a guesthouse in Kathmandu. In case of the flight delay/cancellation after finishing of the trek, you will be responsible for all your expenses.

Please also note that you will not be entitled to any refund for the services (such as hotel, transport, flight, etc.) included in the package that you would not use later.

All accommodations for mountain are in local lodges on twin, triple or four bed sharing basis.

If we prefer a single room, we may indicate our preference and get single rooms on request by paying single supplement. However, there are several places that do not allow single accommodations in the mountain.

Yours sincerely,

Rajanda

THAI NEPALTRAVEL & TREKS