

Thank you very much for your enquiry, we are pleased to offer our quotation as below.

ITINERARY 15 DAYS ANNAPURNA BASE CAMP – MARDI HIMAL

Date	Itinerary	Hotel	Meal
Day 1	Arrival to Kathmandu then check in hotel	Ramada Enocre	-
Day 2	Fly or drive to Pokhara	Landmark	-B
Day 3	Drive to Matkyu by jeep (3 hrs.) Trek start from Matkyu to Chhomrong (2055 m/ 4-5 hrs)	Teahouse 1	-B
Day 4	Dovan (2580m) 5-6 hours	Teahouse 2	-
Day 5	Deurali (3210 m/ 5 - 6 hours)	Teahouse 3	-
Day 6	Annapurna Base Camp 4,130 m via Machhapuchhre Base Camp 3,700 m/ 5-6 hours	Teahouse 4	-
Day 7	Bamboo (2310m/5-6 hours)	Teahouse 5	-
Day 8	Jhinu Danda (1760m/5-6 hours) hot spring	Teahouse 6	-
Day 9	forest camp (2,500m/8,200 ft), 7 hours	Teahouse 7	-
Day 10	Low Camp (3,035m/9,955 ft), 4 hrs walk	Teahouse 8	-
Day 11	High Camp (3,150m) 5-6 hours trekking.	Teahouse 9	-
Day 12	Walk to upper view point (4,200 m) 4 hours walking and trek to Low camp 6 hours walking.	Teahouse 10	-
Day 13	Trek to Sidhing 4-5 hours and drive to Pokhara 4 hours	Landmark	-
Day 14	Fly or drive to Kathmandu	Ramada Encore	-B
Day 15	Final departure	-	-B

Note: B= Breakfast, L= Lunch, D= Dinner

Trips and porters *the tips dependent on your impress to guide and porter services*

Position	3-5 Trekking days	6-9 Trekking days	10-15 Trekking days	16-20 Trekking days
Guide	120\$/Trip	150\$/Trip	180\$/Trip	200\$/trip
Porter	100\$/Trip/porter	120\$/Trip/porter	150\$/Trip/porter	180\$/Trip/porter

COST INCLUDES:

- Ⓢ Accommodation:
 - ☐ Tea house twin basis total 10 nights (no attached bath room)
 - ☐ Hotel in Kathmandu twin basis 2 nights with breakfast
 - ☐ Hotel in Pokhara twin basis 2 nights with breakfast
- Ⓢ Transportation
 - ☐ Private Jeep from Pokhara- Matkyu, Sidhing-Pokhara
 - ☐ Domestic flight Kathmandu – Pokhara – Kathmandu
 - ☐ Pick up and drop airport
- Ⓢ One English speaking guide and one porter for 2 client, Max. Weight **do not over 10 kg/client**. including their salary, insurance, equipment, food, and accommodation (solo trekker only one Porter-guide Max. weight not over 8 kg.
- Ⓢ TIMS card and ACAP permit
- Ⓢ Medicine kit (carry by guide)
- Ⓢ Duffel bag and sleeping bag (return after finish the trek)
- Ⓢ 15 days Nepal visa

COST DOES NOT INCLUDE:

- ✗ Drinking water during trek and beverage such as tea, coffee, Coke, Pepsi, liquor etc. for all trips
- ✗ Meal during trek
- ✗ Batteries charge and hot water shower on the mountain
- ✗ Entrance fee
- ✗ Airfare of Bangkok-Kathmandu-Bangkok
- ✗ Travel insurance cover
- ✗ Customer tips to Guide & porter
- ✗ Any expenses of personal nature such as Liquor, Laundry, Room service, Phone call, Camera fees, any additional expenses caused because of flight

delays/rescheduling/cancellations or conditions beyond our control, Any Supplement charges and any Other Monument Entrances.

✗ Extra night accommodation in Kathmandu and Pokhara in case of early arrival, late departure, and early return from the mountain (due to any reason) than the scheduled itinerary



Basic Trekking List

by Thai Nepal Travels and Treks



Important Safety Notice:

Your safety is of paramount concern while traveling with THAI NEPAL TRAVELS AND TREKS. Please note that your tour leader has the authority to amend or cancel any part of the itinerary if it is deemed necessary due to safety issues. Every effort will be made to keep to prescribed itinerary; however, since this adventure entails traveling into remote mountainous regions, we cannot guarantee that we will not deviate from it. Weather conditions, health conditions of a group member, unexpected natural disasters, and other factors can all contribute to major or minor changes in the itinerary. The group leader will try to ensure that the trip runs according to plan, but please be prepared to be flexible, if the need arises.

-For any person who cannot continue the trek until the end of a tour, in the case of any reason he/she pleases, do note that there will be no refund. In the case of the flight delay/cancellation after finishing of the trek, you will be responsible for all your expenses. Please also note that you will not be entitled to any refund for the services (such as hotel, transport, flight, etc.) included in the package that you would not use later.

-For all accommodations at mountains is in local lodges on a twin, triple or four-bed sharing basis.

Yours sincerely,

Rajendra Bhatta

THAI NEPALTRAVEL & TREKS (p) LTD.