

Thank you very much for your inquiry; we are pleased to offer our quotation as below.

### 15 days Manaslu Trek






DAY	PROGRAM	HOTEL	MEAL
Day 1	Arrival to Kathmandu check in hotel	Ramada Encore	-
Day 2	Drive from Kathmandu to Maccha Khola (900m/6 - 7 hours)	Tea house 1	B,L,D
Day 3	Jagat (1410m/ 6 - 7 hours)	Tea house 2	B,L,D
Day 4	Deng (1,804m/6 - 7 hours.)	Tea house 3	B,L,D
Day 5	Namrung (2630m/6 - 7 hours)	Tea house 4	B,L,D
Day 6	Lho (3,180m/5-6 hours)	Tea house 5	B,L,D
Day 7	Samagaon (3,530m/5-6 hours)	Tea house 6	B,L,D
Day 8	Samagaon acclimatization day Manaslu Base Camp or Birendra Lake	Tea house 7	B,L,D
Day 9	Samdo (3860m/4 - 5 hours)	Tea house 8	B,L,D
Day 10	Samdo acclimatization day Samdo Ri	Tea house 9	B,L,D
Day 11	Dharamsala/Larkya B. C. (4460m/4 - 5 hours)	Tea house 10	B,L,D
Day 12	Bimthang (3720m/8 - 9 hours) via Larkya la (5160m) pass	Tea house 11	B,L,D
Day 13	Dharapani (1,970m/7-8 hours)	Tea house 12	B,L,D
Day 14	Private jeep to Kathmandu (1300m/10 hours)	Ramada Encore	-B
Day 15	Final departure	-	-B

**Note:** B= breakfast L= Lunch D= Dinner









**Trips and porters** \*The tips dependent on your impress to guide and porter services\*

Position	3-5 Trekking days	6-9 Trekking days	10-15 Trekking days	16-20 Trekking days
Guide	120\$/Trip	150\$/Trip	180\$/Trip	200\$/trip
Porter	100\$/Trip/porter	120\$/Trip/porter	150\$/Trip/porter	180\$/Trip/porter

## COST INCLUDE

- Accommodation
  -  Tea house twin basis for total 12 nights (no attached bath room)
  -  Hotel in Kathmandu twin basis for total 2 nights with breakfast
- Transportation
  -  Private jeep from Kathmandu- Maccha Khola
  -  Private Jeep from Dharapani-Kathmandu
  -  Airport pickups and drops in private vehicle
- 1 English speaking guide and porter to carry luggage (2 trekkers:1 porter) including their salary, insurance, equipment, food and lodging
- All necessary paper work and permits (ACAP permit, MCAP permit and Restricted Area Permit)
- Meals during trek (breakfast, lunch and dinner) as per itinerary
- Nepal visa 15 days
- Nepal duffer bag and sleeping bag (return after finish the trip)
- Medicine (carry by guide)
- All government and local taxes

## COST DOESN'T INCLUDE

-  Drinking water during trek and beverage such as tea, coffee, coke, Pepsi, liquor etc.
-  Entrance fee
-  International airfare to and from Kathmandu
-  Expenses of charge batteries and hot water for shower on the mountain
-  Extra night accommodation in Kathmandu in case of early arrival, late departure, and early return from the mountain (due to any reason) than the scheduled itinerary
-  Travel and rescue insurance
-  Tips for guide(s), porter(s) and driver(s)
-  Personal expenses (phone calls, laundry, bar bills, battery recharge, extra porters, bottle

or boiled water, shower etc.)



## Basic Trekking List

by Thai Nepal Travels and Treks



**Important Note:**

*Your safety is of paramount concern while traveling with THAI NEPAL TRAVELS AND TREKS. Please note that your leader has the authority to amend or cancel any part of the itinerary if it is deemed necessary due to safety concerns. Every effort will be made to keep to the above itinerary; however, since this adventure entails travelling in remote mountainous regions, we cannot guarantee that we will not deviate from it. Weather conditions, health condition of a group member, unexpected natural disasters, etc., can all contribute to changes in the itinerary. The leader will try to ensure that the trip runs according to plan, but please be prepared to be flexible if required.*

*For the person who cannot continue trek until the end of trekking in case of any reason he/she please notes that there will be no refund. If the cancellation happens before the trip, we will provide you accommodation in a guesthouse in Kathmandu. In case of the flight delay/cancellation after finishing of the trek, you will be responsible for all your expenses. Please also note that you will not be entitled to any refund for the services (such as hotel, transport, flight, etc.) included in the package that you would not use later.*

*All accommodations for mountain are in local lodges on twin, triple or four bed sharing basis. There are several places that do not allow single accommodations in the mountain.*

*Yours sincerely,*

*Rajendra Bhatta*

*THAI NEPAL TRAVEL & TREKS*